

RULES

13. PIENINY ULTRA-TRAIL® 2026

1. Event Goals

- Popularization of sport and active lifestyle, and in particular, mountain running, as a form of sports activity;
- Promotion of the Pieniny, Sądecki Beskid, Gorce tourist region, the city and commune of Szczawnica, and partner cities and communes in Poland and worldwide;
- Cultivation of ecological awareness;
- Promotion of safe mountain running;
- Selection of the best participants in mountain running races.

2. Organizers

Fundacja Strefa Przygód

Staw II 12/17

62-420 Strzałkowo

NIP (Tax ID): 667 176 65 77

Mountain Touch

ul. Pod Sadami 5a

34-460 Szczawnica

NIP (Tax ID): 631 251 03 75

3. Date and Place

The Pieniny Ultra-Trail® mountain running festival will take place from April 23-26, 2026, in Szczawnica.

4. Courses

Within the Pieniny Ultra-Trail®, participants can choose one of the following courses:

- a) Lubań Vertical – 6.7 km
- b) Hardy Rolling – 12.9 km
- c) Chyża Durbaszka – 22.9 km
- d) Żwawe Wierchy – 33.2 km
- e) Wielka Prehyba – 43.5 km
- f) Dziki Groń – 64.4 km
- g) Niepokorny Mnich – 95.2 km
- h) Spiski Wędrowiec – 135.7 km

a) Lubań Vertical

Distance: 6.7 km

Elevation gain: +880 m/-90 m

Date: April 24, 2026 (Friday)

Start time: 4:00 PM

Start location: Ochotnica Dolna, os. Ligasy

Finish location: Lubań (summit)

Time limit: 2 hours 30 minutes

Participant limit: 230 people + 20 at the Organizer's disposal and for the Biegam Dobrze campaign

b) Hardy Rolling

Distance: 12.9 km

Elevation: +610 m/-660 m

Date: April 25, 2026 (Saturday)

Start time: 4:30 PM

Start location: Jaworki, Homole Parking

Finish location: Szczawnica, Dietla Square

Time limit: 3 hours 30 minutes

Participant limit: 900 people + 100 at the Organizer's disposal and for the Biegam Dobrze campaign

c) Chyża Durbaszka

Distance: 22.9 km

Elevation: +1000 m/-1050 m

Date: April 25, 2026 (Saturday)

Start time: 9:00 AM

Start Location: Jaworki, Homole Parking

Finish Location: Szczawnica, Dietl Square

Time Limit: 5 hours

Participant Limit: 1,400 + 100 for the Organizer's use and for the "Biegam Dobrze" campaign

d) Żwawe Wierchy

Distance: 33.2 km

Elevation: +1,600 m/-1,600 m

Date: April 25, 2026 (Saturday)

Start Time: 7:45 AM

Start Location: Szczawnica, Dietl Square

Finish Location: Szczawnica, Dietl Square

Time Limit: 8 hours

Participant Limit: 1,400 + 100 for the Organizer's use and for the "Biegam Dobrze" campaign

e) Wielka Prehyba

Distance: 43.5 km

Elevation: +2,060 m/-2,060 m

Date: April 25 2026 (Saturday)

Start time: 10:00 AM

Start location: Szczawnica, Dietl Square

Finish location: Szczawnica, Dietl Square

Time limit: 9 hours

Participant limit: 1,400 people + 100 at the Organizer's disposal and for the "Biegam Dobrze" campaign

f) Dziki Groń

Distance: 64.4 km

Elevation gain: +3,200 m/-3,200 m

Date: April 24, 2026 (Friday)

Start time: 6:00 AM

Start location: Szczawnica, Dietl Square

Finish location: Szczawnica, Dietl Square

Time limit: 15 hours

Participant limit: 950 people + 50 at the Organizer's disposal and for the "Biegam Dobrze" campaign

g) Niepokorny Mnich

Distance: 95.2 km

Elevation gain: +4,940 m m/-4940 m

Date: April 24, 2026 (Friday)

Start time: 01:00

Start location: Szczawnica, Dietl Square

Finish location: Szczawnica, Dietl Square

Time limit: 20 hours

Participant limit: 450 people + 50 at the Organizer's disposal and for the "Biegam Dobrze" campaign

h) Spiski Wędrowiec

Distance: 135.7 km

Elevation gain: +6010 m/-5990 m

Date: April 23, 2026 (Thursday)

Start time: 15:00

Start location: Niedzica, Czorsztyn Reservoir Dam

Finish location: Szczawnica, Dietl Square

Time limit: 30 hours

Participant limit: 450 people + 50 at the Organizer's disposal and for the "Biegam Dobrze" campaign

Presented Participant limits do not equal the number of packages produced. If the registration limit for a given route is not reached by April 8, 2026, the Organizer will decide on the remaining number of available packages.

5. Rules of Participation

- Any adult participant may take part in the race, provided they: register for the race using the registration form, accept the event rules along with statements concerning personal data protection and processing, image usage, and lack of medical contraindications to participate in the event, and pay the entry fee.
- Participants aged 16-17 may also take part in the race, but they are required to have the consent of their parents or legal guardians, including their signature. A condition for their admission to the start is the presence of a parent or guardian with a valid ID at the time of participant verification at the Race Office.

6. Registration

- To participate in the 13th Pieniny Ultra-Trail®, you can choose one of two paths:
 - **Traditional** – by filling out the registration form and paying the regular entry fee.
 - **Charity** – by participating in the **#BiegamDobrze** campaign, which is regulated by Annex No. 1 to these Rules.
- Registration will be conducted in the following stages:
 - From **November 4, 2025 (Tuesday) from 20:00** to **April 20, 2026 (Monday) until 12:00** – for the traditional path.
 - From **November 4, 2025 (Tuesday) from 20:00** to **April 8, 2026 (Wednesday) until 23:59** – for the charity path.
- Registration will close earlier if the limit of places on a given course is reached. The limit of places on a given course is counted based on paid registrations.

- Registrations can be made electronically on the website: www.zapisy.strefaprzygod.pl.
- To register for the selected race, you must create a participant account, log in, select the specific course by clicking "sign up," and supplement additional data (e.g., type of meal).
- The participant is responsible for providing a correct email address and phone number during registration, which are used for communication with the participant before and during the race, as well as for other data (name, surname, club, city, date of birth). After registering, the participant's data (name, surname, city, country, and club) will be automatically published on the starting list on the website www.pieninyultratrail.pl in the "Starting Lists" tab.
- Only a complete registration and payment of the entry fee to the account specified in these rules and on the race website are counted. Confirmation of registration is the appearance of the participant on the starting list on the website www.pieninyultratrail.pl, as well as a message sent to the email address provided during registration.
- The entry fee is not valid if the participant has not registered electronically, if the payment was made after the deadline, or if it is made after the place limit has been reached.
- After reaching the place limit, all unpaid registrations will be moved to the waiting list, and registration for the waiting list will automatically open.
- If transferred from the waiting list to the main list, the participant will be informed by email to the address provided during registration and will have 5 days to make the payment. If the fee is not paid on time, the registration will be deleted, and the next person on the waiting list will take the vacant spot.

7. Benefits

The entry fee includes:

- **GPS tracking** (for the Spiski Wędrowiec course only)
- **Aid stations** on the course as per the information provided on the race website. Detailed information on the content of the aid stations will be included in the technical guide no later than 10 days before the start of the race;
- Post-race **regeneration buffet**;
- **Bib number** and **chip** for electronic time measurement;
- **Map** with the race course;
- **30 L bag for deposit** at the finish line;
- Additional **30 L bag for drop bag** (applies to Niepokorny Mnich and Spiski Wędrowiec courses);
- Additional **30 L bag for deposit** at the start (applies to the Lubań Vertical course only);
- Electronic time measurement;
- Souvenir **medals** for those who complete the race;

- **Prizes and statues** for the best competitors on individual courses;
- Medical and GOPR (Mountain Rescue) security;
- **Transport** to the race start from Szczawnica to Jaworki (applies to Hardy Rolling and Chyża Durbaszka courses);
- **Transport** to the race start from Szczawnica to Ochotnica Dolna and back to Szczawnica after descending from Lubań (applies to the Lubań Vertical course);
- **Transport** to the race start from Szczawnica to Niedzica (applies to the Spiski Wędrowiec course)
- Course marking.

8. Entry Fees:

- Every participant bears the cost of the entry fee, which enables participation in the race. The exception is for participants in the #BiegamDobrze charity campaign, for whom the procedure described in Annex No. 1 to these Rules applies.
- The entry fee for each distance is:

Spiski Wędrowiec:

- EURO 94 paid by January 8, 2026
- EURO 101 paid from January 9 to February 19, 2026
- EURO 108 paid from February 20 to March 19, 2026
- EURO 115 paid from March 20 to April 8, 2026
- EURO 122 paid from April 9 to April 20, 2026
- For payments made from April 9, 2026, we do not guarantee full benefits, such as a medal or map included in the package.

Niepokorny Mnich:

- EURO 76,50 paid by January 8, 2026
- EURO 83,50 paid from January 9 to February 19, 2026
- EURO 90,50 paid from February 20 to March 19, 2026
- EURO 97,50 paid from March 20 to April 8, 2026
- EURO 104,50 paid from April 9 to April 20, 2026
- For payments made from April 9, 2026, we do not guarantee full benefits, e.g., a medal or map in the package.

Dziki Groń:

- EURO 66,00 paid by January 8, 2026
- EURO 73,00 paid from January 9 to February 19, 2026
- EURO 80,00 paid from February 20 to March 19, 2026
- EURO 87,00 paid from March 20 to April 8, 2026

- EURO 94,00 paid from April 9 to April 20, 2026
- For payments made from April 9, 2026, we do not guarantee full benefits, e.g., a medal or map in the package.

Wielka Prehyba:

- EURO 56,50 paid by January 8, 2026
- EURO 62,50 paid from January 9 to February 19, 2026
- EURO 68,50 paid from February 20 to March 19, 2026
- EURO 74,50 paid from March 20 to April 8, 2026
- EURO 80,50 paid from April 9 to April 20, 2026
- For payments made from April 9, 2026, we do not guarantee full benefits, e.g., a medal or map in the package.

Żwawe Wierchy:

- EURO 49,50 paid by January 8, 2026
- EURO 55,50 paid from January 9 to February 19, 2026
- EURO 61,50 paid from February 20 to March 19, 2026
- EURO 67,50 paid from March 20 to April 8, 2026
- EURO 73,50 paid from April 9 to April 20, 2026
- For payments made from April 9, 2026, we do not guarantee full benefits, e.g., a medal or map included in the package.

Chyża Durbaszka:

- EURO 43,50 paid by January 8, 2026
- EURO 49,50 paid from January 9 to February 19, 2026
- EURO 55,50 paid from February 20 to March 19, 2026
- EURO 61,50 paid from March 20 to April 8, 2026
- EURO 67,50 paid from April 9 to April 20, 2026
- For payments made from April 9, 2026, we do not guarantee full benefits, e.g., a medal or map in the package.

Hardy Rolling:

- EURO 28,50 paid by January 8, 2026
- EURO 30,75 paid from January 9 to February 19, 2026
- EURO 33,00 paid from February 20 to March 19, 2026
- EURO 35,25 paid from March 20 to April 8, 2026
- EURO 37,50 paid from April 9 to April 20, 2026
- For payments made from April 9, 2026, we do not guarantee full benefits, e.g., a medal or map included in the package.

Lubań Vertical:

- EURO 28,50 paid by January 8, 2026
 - EURO 30,75 paid from January 9 to February 19, 2026
 - EURO 33,00 paid from February 20 to March 19, 2026
 - EURO 35,25 paid from March 20 to April 8, 2026
 - EURO 37,50 paid from April 9 to April 20, 2026
 - For payments made from April 9, 2026, we do not guarantee full benefits, e.g., a medal or map included in the package.
- The amount of the entry fee is determined by the **moment of payment** an entry fee, not the moment the registration form is filled out.
 - The Organizer grants a **50% discount** on the entry fee to participants born in **1960 or earlier**.
 - Participants taking part in more than one race receive a **30.00 PLN discount** on the second and subsequent entry fees. To receive the discount, you must contact the organizer via email: info@pieninyultratrail.pl. The starter pack for individuals participating in more than one race will include only one copy of duplicated items, such as the map. All other benefits remain unchanged.

9. Entry Fees and Registration for the Elite

Elite athletes may register for the competition under preferential conditions, according to the following rules:

Free participation in any distance:

- Athletes who took **1st place** in any distance in the previous edition (2025).
- Male athletes with an ITRA ranking equal to or greater than **825 points**.
- Female athletes with an ITRA ranking equal to or greater than **700 points**.

Participation in the race with a 50% discount on the entry fee:

- Athletes who took **2nd and 3rd place** in any distance in the previous edition (2025).

Participation in the race with the lowest entry fee rate, regardless of the payment date

(note: for payments made from April 9, 2026, full benefits are not guaranteed, see point 8.):

- Male athletes with an ITRA ranking equal to or greater than **750 points**.
- Female athletes with an ITRA ranking equal to or greater than **625 points**.
- Athletes not classified in the ITRA ranking but having good running results in the last 3 years.
- An athlete wishing to take advantage of preferential conditions for participation must first register their account on the website: www.zapisy.strefaprzygod.pl or check the correctness of existing data, register for the selected course, and then write an email to:

info@pieninyultratrail.pl to confirm the registration conditions. Participation in the event under preferential conditions is **ONLY** possible until the starter packs in the organizer's additional pool are exhausted.

10. Bank Account

The entry fee for participation in the race should be paid through the online payment system on the registration website (paynow) or by bank transfer to the account:

PLN payments are accepted to the account:

95 1140 2004 0000 3202 7721 0296 (mBank)

Fundacja Strefa Przygód

Staw II 12/17

62-420 Strzałkowo

Payment title: [race name] + [Participant's name and surname] * (for payments for more than 3 people, please send the list of names via email)

EURO payments are accepted to the account:

IBAN: PL 71 1140 2004 0000 3212 0612 0267

BIC/SWIFT: BREXPLPWMBK

Bank name and address: mBank S.A., PO Box 2108, 90-959 Łódź 2

SORT CODE: 11402004

11. Entry Fee Refunds and/or Transfer of Package to Another Person

An entry fee refund upon early withdrawal from the start and effective notification to the Organizers is possible under the following conditions:

- In case of withdrawal from the start by **January 31, 2026**, the paid entry fee amount will be refunded after deducting a **5 PLN** handling fee.
- In case of withdrawal from the start between **February 1 and February 28, 2026**, **50%** of the paid entry fee amount will be refunded.
- Withdrawal after **February 28, 2026**, during the race, or failure to appear at the start does not entitle to a refund of the entry fee.
- Until **April 17, 2026, at 12:00**, the participant may transfer their entry fee to another person (the person to whom the package is being transferred should register in the registration system, while the person giving up the package should log into their account in the registration system and make the electronic change of registration).

- From **April 17, 2026, after 12:00**, transferring the package to another person is only possible at the Race Office. The person giving up the package should, for this purpose, fill out the appropriate authorization available for download from the race website, send it by email to: info@pieninyultratrail.pl, and the person taking over the package should report to the Race Office to complete the formalities (acceptance of required statements, data change on the starting list).
- Transferring the package to another person is **free of charge**, and a course change is also possible after the package transfer – see point 12.
- The organizer does not refund the entry fee to persons who did not complete the race or did not participate in the race, nor does the organizer transfer the entry fee to other/subsequent races.
- Detailed procedures for transferring packages, along with authorizations, can be found on the race website.
- The option for electronic transfer of registration to another person will be made available during the registration period, so before it is launched, the person giving up the package should send the details of both people (names, surnames, email addresses, and the course to which the registration applies) to: info@pieninyultratrail.pl.

12. Course Change

- The Organizer allows for the change of the course previously declared by the participant. The change is possible via the registration panel (zapisy.strefaprzygod.pl) after logging into the user's account, but it depends on the availability of packages on other courses.
- In the case of switching to a longer distance, the participant should pay the difference in the entry fee between the distances (the difference is calculated based on the date of the original payment).
- In the case of switching to a shorter distance, the Organizer refunds the difference in the entry fee according to the refund schedule:
 - By **January 31, 2026**, the difference in the entry fee between the distances will be refunded after deducting a **5 PLN** handling fee.
 - Between **February 1 and February 28, 2026**, **50%** of the difference in the entry fee between the distances will be refunded.
 - Reporting a change after **February 28, 2026**, does not entitle to a refund of the difference in the entry fee between the distances.
- The option for electronic course change will be made available during the registration period, so before it is launched, the desire to change the course should be reported by email to: info@pieninyultratrail.pl.

13. Package Collection

- All participants starting in the race must be verified at the Race Office.
- Verification at the Race Office can be done:
 - **In person** – based on a photo ID.
 - **By an authorized person** – authorization is possible from the user's account level in the registration panel.
- At the Race Office, participants receive starter packs containing, among other things: a bib number, a time measurement chip, safety pins, and a map of the race courses.
- Starter packs can be collected during the Race Office operating hours, in accordance with the schedule published on the race website. Packages not collected at the Race Office will not be sent or issued at a later date.

14. Bib Numbers and Time Measurement

- Every participant will receive a bib number and a chip at the Race Office.
- Throughout the duration of the race, participants are required to wear the bib number placed on the front in a place visible to the judges, and the **chip attached to the shoe** – other placement of the chip does not guarantee a correct reading by the measurement system, which may lead to disqualification or incorrect time measurement of the participant.
- Measurement mats are located at selected aid stations. The participant is obliged to pass through the aid station along the full designated route, even if they do not intend to use the aid station. Skipping a point is equivalent to shortening the course, which may result in a time penalty or disqualification.

15. Time Limits

- Time limits are set on the course of each race, and exceeding them will result in the participant's disqualification.
- Limits for completing individual courses:
 - Lubań Vertical: **2.5 hours**.
 - Hardy Rolling: **3.5 hours**.
 - Chyża Durbaszka: **5 hours**.
 - Żwawe Wierchy: **8 hours**.
 - Wielka Prehyba: **9 hours**.
 - Dziki Groń: **15 hours**.
 - Niepokorny Mnich: **20 hours**.
 - Spiski Wędrowiec: **30 hours**.

- **Intermediate limits** have been established on the **Dziki Groń** course, the exceeding of which will result in the participant's disqualification:
 - Bacówka na Obidzy – **10 h (16:00)**
 - Schronisko pod Durbaszką – **12 h 30 min (18:30)**
- **Intermediate limits** have been established on the **Niepokorny Mnich** course, the exceeding of which will result in the participant's disqualification:
 - Rytro – **11 h 15 minutes (12:15)**
 - Bacówka na Obidzy – **15 h 30 minutes (16:30)**
 - Schronisko pod Durbaszką – **17 h 45 min (18:45)**
- **Intermediate limits** have been established on the **Spiski Wędrowiec** course, the exceeding of which will result in the participant's disqualification:
 - Tylmanowa – **15 h (Friday, 06:00)**
 - Rytro – **20 h 30 minutes (Friday, 11:30)**
 - Bacówka na Obidzy – **25 h 15 min (Friday, 16:15)**
 - Schronisko pod Durbaszką – **27 h 45 minutes (Friday, 18:45)**
- Participants who do not complete the race within the indicated limit or do not cross the time measurement point within the indicated limit are absolutely obliged to **interrupt the race** and leave the course, and to **contact the coordinator** of the given point or **by phone** on the contact number provided on the bib number to determine the conditions for return transport to Szczawnica.
- Participants remaining on the course after the indicated time limit has expired do so at their own risk and responsibility, in accordance with traffic regulations, local regulations, and the Civil Code.

16. Aid Stations and Nutrition During the Race

- Aid stations will be located on the course. A detailed list of the stations is available on the website: www.pieninyultratrail.pl in the "Courses" tab.
- A detailed schedule of the aid station operating hours will be provided in the technical guide, which will be available before the race.
- Participants will be able to use the available buffets at the aid stations.
- Outside of the aid stations, participants may use mountain shelters located on the course at their own expense.
- **Post-race catering zone:** only race participants may use the post-race buffets. Entry to the catering zone will only be possible upon presentation of the bib number. The hot meal will only be issued upon presentation of the bib number.
- **Post-race catering zone operating hours:**
 - Friday, 24.04.2026: 08:00 – 22:00 for participants of the Spiski Wędrowiec, Niepokorny Mnich, Dziki Groń, Lubań Vertical courses.

- Saturday, 25.05.2026: 10:00 – 21:00 for participants of the Wielka Prehyba, Żwawe Wierchy, Chyża Durbaszka, Hardy Rolling courses.

17. Course Marking

- With the exception of short sections, the routes are mostly led along mountain tourist trails.
- In addition to trail markings, the course will be additionally marked by the Organizer with tapes and directional arrows. Details of the course marking will be provided in the technical guide.
- Any changes to the final course route will be published in the technical guide.
- Throughout the race, participants must only travel along the route indicated by the Organizer.

18. Support – External Assistance

- **Organized assistance from third parties (support) is permitted in the aid station zones.** Any organized assistance during the sports competition on the course outside the designated zones is forbidden. Participants using organized support outside the aid stations will be penalized with disqualification.
- The Organizer allows assistance from third parties on the course in cases where it is spontaneous assistance, e.g., from another participant or a gesture of hospitality from residents of the towns through which the routes lead, as well as people encountered on the courses.
- **Driving to the mountain shelters: Schronisko na Przehybie and Schronisko pod Durbaszką is forbidden.** Any assistance at these points requires reaching them in another way. At the remaining points, special care should be taken when driving to and parking near the aid stations. Additional information regarding access and traffic in the vicinity of the aid stations will be published on the website www.pieninyultratrail.pl.

19. Start Zones

- In order to maintain a smooth start, start zone markings based on ITRA scoring will be prepared. Checking the current scoring will be possible on the website www.itra.run. A given score corresponds to a correlating running time, so participants without an ITRA ranking should position themselves in the zone of their expected running time. Detailed information will be available on the Event website.

20. Environmental Protection

- All activities that may violate the natural beauty of the areas through which the race routes lead are prohibited, especially: littering, destroying vegetation, disturbing the silence in nature reserves, lighting fires, etc.
- All garbage must be left at the aid stations or carried to the finish line.
- Participants who violate the applicable environmental protection rules during the event will be disqualified.
- Due to the routes running through a nature reserve and pastoral areas, participation in the race with a dog is prohibited.
- Out of concern for the natural environment, disposable cups will not be provided at the aid stations; every participant must have their own vessel (cup, bottle, flask, etc.) with a total capacity of at least 0.25 liters in order to use the drinks at the aid stations.

21. Safety

- Leaving valuable items (phones, documents) in deposits is prohibited.
- The Organizer draws the participants' attention to the multiplicity of dangers and risks resulting from participation in the sports event, associated with great physical exertion, which may include, among others, the risk of loss of life and health. The Organizer recommends undertaking appropriate medical examinations or medical consultations, depending on the age and physical condition of the participant, before starting preparations for the competition and during preparations.
- The Organizer is insured against civil liability towards the participants of the race.
- The Organizer does not provide participants with Personal Accident Insurance (NNW). Participants should arrange insurance on their own.
- The Organizer does not provide any life, health, or civil liability insurance against illness, accident, injury, death, or any losses or damages that may occur in connection with the presence or participation in the race.
- A condition for participation in the race is the authorization of medical and paramedical personnel employed on behalf of the Organizer to provide first medical aid or perform other medical procedures, including transporting the injured participant to a safe place.
- Medical services or the Organizer may prohibit a participant from continuing the race if there is suspicion of poor health threatening the participant's life or health.
- By accepting these Rules, the participant confirms that participation in the race involves physical effort and entails a natural risk and danger of accidents, the possibility of bodily injury and physical trauma (including death). Submitting a correctly completed registration form to the Organizer and paying the registration fee means that the participant has considered and assessed the nature, scope, and degree of risk associated with participation in the race and has voluntarily decided to take this risk, starting in the race solely at their own responsibility.

- A condition for participation in the race is having an appropriate and current medical certificate allowing the start in the selected race **or** accepting the health condition statement during registration and confirming the lack of contraindications to participate in the race.
- The Podhale GOPR (Mountain Rescue) Group and the Krynica GOPR (Mountain Rescue) Group will ensure the safety of participants on the race courses.

22. Dropping Out of the Race

- Regardless of the place of resignation, if a participant withdraws from the race during the competition, they are obliged to immediately notify the Organizer by phone on the number indicated on the bib number.
- The Organizer provides regular bus transport to the finish line from selected aid stations (Kacwin, Łapsze Wyżne, Huba, Krościenko, Tylmanowa, Rytro, Kosarzyska, Bacówka na Obidzy).
- Transport from other aid stations or other places on the course is arranged individually with the course withdrawal coordinator (phone number placed on the bib number) or the coordinator of the given point.
- Participants who do not immediately report their withdrawal from the course to the Organizer may be charged with the costs of an unjustified search action.

23. Mandatory Equipment

- Throughout the entire duration of the race, every participant is obliged to carry the mandatory equipment specified for the course they are starting on.
- The equipment may be checked by the Organizer both before the start and at the finish line.
- Lack of the necessary equipment will result in a time penalty for the participant. The amount of the applied time penalty is 15 minutes for each missing piece of equipment. The time penalty will be added to the time the participant achieved at the finish line.

Lubań Vertical:

- bib number (placed on the front in such a way that it is always visible and readable) and the chip,
- a mobile phone with a battery that works for at least several hours (roaming is recommended),
- emergency blanket / NRC foil,

Hardy Rolling:

- bib number (placed on the front in such a way that it is always visible and readable) and the chip,
- a mobile phone with a battery that works for at least several hours (roaming is recommended),
- a water container to be used on the route and at nutritional points (a cup or water bottle or flask) with a total capacity of at least 0.25 liter.

Chyża Durbaszka:

- bib number (placed on the front in such a way that it is always visible and readable) and the chip,
- a mobile phone with a battery that works for at least several hours (roaming is recommended),
- a water container to be used on the route and at nutritional points (a cup or water bottle or flask) with a total capacity of at least 0.25 liter.

Żwawe Wierchy

- bib number (placed on the front in such a way that it is always visible and readable) and the chip,
- a mobile phone with a battery that works for at least several hours (roaming is recommended),
- emergency blanket / NRC foil
- a water container to be used on the route and at nutritional points (a cup or water bottle or flask) with a total capacity of at least 0.5 liter.

Wielka Prehyba:

- bib number (placed on the front in such a way that it is always visible and readable) and the chip,
- a mobile phone with a battery that works for at least several hours (roaming is recommended),
- emergency blanket / NRC foil
- a water container to be used on the route and at nutritional points (a cup or water bottle or flask) with a total capacity of at least 0.5 liter.

Dziki Groń:

- bib number (placed on the front in such a way that it is always visible and readable) and the chip,
- a mobile phone with a battery that works for at least several hours (roaming is recommended),
- emergency blanket / NRC foil,

- a water container to be used on the route and at nutritional points (a cup or water bottle or flask) with a total capacity of at least 1 liter.

Niepokorny Mnich:

- bib number (placed on the front in such a way that it is always visible and readable) and the chip,
- a mobile phone with a battery that works for at least several hours (roaming is recommended),
- emergency blanket / NRC foil,
- a water container to be used on the route and at nutritional points (a cup or water bottle or flask) with a total capacity of at least 1 liter.
- headlamp / flashlight.

Spiski Wędrowiec:

- bib number (placed on the front in such a way that it is always visible and readable) and the chip,
- a mobile phone with a battery that works for at least several hours (roaming is recommended),
- emergency blanket / NRC foil,
- a water container to be used on the route and at nutritional points (a cup or water bottle or flask) with a total capacity of at least 1 liter.
- headlamp / flashlight.

Recommended equipment:

- clothing appropriate to the current weather,
- a headlamp or a flashlight for the participants of Dziki Groń, especially in the case of participants who are taking part in the run for the first time or who estimate that they can fight to finish the run within the time limit,
- a rain jacket (regardless of the expected weather),
- personal first aid kit,
- for those competing at Lubań Vertical, we recommend placing a drinking vessel in the deposit, which they will be able to use at the finish line (we do not provide disposable cups).

24. Drop bags and Deposits

- Deposits will only be released upon presentation of the race number.
- All deposits must be collected from the deposit area by 9:00 PM on Saturday, April 25, 2026.

- Items not collected by participants during the competition will be transferred to the lost and found office of the Organizer.

Żwawe Wierchy, Wielka Prehyba, Dziki Groń:

- Each participant can prepare a deposit, which will be waiting at the finish line. Deposit bags with labeling stickers will be issued with the race pack at the race office. Deposits should be dropped off at the start of the competition in Szczawnica at the designated location.

Hardy Rolling, Chyża Durbaszka:

- Each participant can prepare a deposit, which will be waiting at the finish line. Deposit bags with labeling stickers will be issued with the race pack at the race office. Deposits should be left at the start of the race in Jaworki at the designated location. Deposit bags will be transported to the finish line in Szczawnica.

Niepokorny Mnich:

- Each participant will receive two bags and two stickers to identify them at the race office. Both bags should be deposited immediately before the start: the deposit bag at the finish line in the designated area, and the drop bag on the route directly into the transport vehicle provided.
- After the start of the race, the drop bag will be transported to the aid station in Rytro. The drop bags used by participants will be successively brought to the finish line. The organizer reserves the right to bring drop bags whenever logistically possible. All drop bags will be available for pickup at the deposit area at the finish line.

Spiski Wędrowiec:

- Each participant will receive two bags and two stickers to identify them at the race office.
 - **Bag 1:** The drop bag (Tylmanowa point) must be deposited at the running village in Szczawnica before leaving for the start. Any drop bags used by participants from Tylmanowa will be successively brought to the finish line. The organizer reserves the right to bring drop bags back to the finish line, depending on logistical constraints. All drop bags will be available for collection at the finish line deposit area.
 - **Bag 2:** The second bag (finish deposit) must be deposited at the start of the race in Niedzica, at a designated location. The deposit bags will be transported to the finish line in Szczawnica. Alternatively, if the participant does not need to take anything to Niedzica, they can deposit the bag at the deposit area in Szczawnica before leaving for the start line.

Lubań Vertical:

- Each participant will receive two bags and two stickers to identify them at the race office.
 - **Bag 1:** The bag returned at the race office in Szczawnica will be transported to the finish line on the summit of Lubań. The maximum time for returning the bag for the finish line will be announced in the technical announcement before the race.
 - **Bag 2:** The bag returned before the start in Ochotnica will be transported to Szczawnica, to the main deposit area.

25. Competition, Prizes, and Categories

- The races are competitive.
- The fastest women and men on each course will receive prizes.
- The following classifications will be held during the race: open classification, open women's classification, open men's classification, and age classifications for women and men.
- Age classifications:
 - K20, M20: 16-29 years old,
 - K30, M30: 30-39 years old,
 - K40, M40: 40-49 years old,
 - K50, M50: 50-59 years old,
 - K60, M60: 60-69 years old,
 - K70, M70: 70+ years old.
- Classification is based on electronic timing. There will be checkpoints along the race course and at the start and finish lines to record the participant's arrival at each checkpoint. Failure to read the chip at a given checkpoint may result in disqualification.
- Participant classification is based on gross times, calculated from the start of the race until the chip is read at the finish line.
- Each participant will receive their gross time in the final results.
- Unofficial race results will be posted on www.pieninyultratrail.pl immediately after the race.
- All participants who complete the Pieniny Ultra-Trail® will receive souvenir medals or a tree seedling at the finish line if they choose to participate in the "Forest worth a Medal" campaign.
- Top three place finishers in the open women's and open men's classifications will receive souvenir trophies and prizes in kind or cash.
- Top three place finishers in the age categories will receive souvenir statuettes.
- The organizer reserves the right to award additional cash and in-kind prizes in the categories and classifications of their choice.

- Detailed information regarding the prizes will be published no later than March 31, 2026, on the website www.pieninyultratrail.pl

26. Image Protection and Personal Data

- Participation in the race is conditioned upon acceptance of the appropriate declaration during registration, expressing consent to the free use of the participant's image and the declaration regarding the processing of the participant's personal data.
- Participation in the races is also conditioned upon consent to the processing of the participant's personal data provided in the application form by the personal data controller within the meaning of the Personal Data Protection Act of May 10, 2018, and the General Data Protection Regulation No. 2016/679 of April 27, 2016 (GDPR), i.e., the Strefa Przygód Foundation, with its registered office at Staw II 12/17, 62-420 Strzałkowo, for the purpose and to the extent necessary to organize the sporting event, including the publication of participant data on start lists and results lists, and sending the participant's results to the phone number provided during registration.
- Participants have the right to request access to, rectification, erasure, or restriction of processing of their data, as well as the right to object to processing, as well as the right to data portability. Providing personal data is voluntary, but necessary and essential to participate in the sporting event.
- Participant data may be transferred to entities collaborating with the event and related activities, based on appropriate data protection agreements.
- Personal data will be stored for the period necessary to implement the event. Details regarding the storage of specific data are specified in the Privacy Policy.
- Participants have the right to lodge a complaint with the President of the Personal Data Protection Office if they believe that the processing of their personal data violates the provisions of the General Data Protection Regulation (GDPR) No. 2016/679 of April 27, 2016, or the provisions of the Personal Data Protection Act of May 10, 2018.
- The Administrator may process personal data in connection with the organization of the Pieniny Ultra-Trail® event, including in cooperation with other individuals, such as volunteers, who carry out activities related to the organization and conduct of the event.
- Details regarding the protection of participant's personal data are specified in the Privacy Policy.

27. Protests and Official Results

- The Organizer will accept official protests regarding violations of the competition rules on the day of the given race:
 - April 24, 2026, by 7:45 PM for the Lubań Vertical, Dziki Groń, Niepokorny Mnich, and Spiski Wędrowiec routes,

- April 25, 2026, by 3:45 PM for the Chyża Durbaszka and Żwawe Wierchy routes
- April 25, 2026, by 7:45 PM for the Hardy Rolling and Wielka Prehyba routes
- Protests submitted after these deadlines will not be considered.
- Other protests, e.g., regarding errors in the results, will be accepted until the end of the day on April 28, 2026.
- Final and official results will be published on April 29, 2026.
- From April 30, 2026, the Organizer will not accept protests and will not make changes to the results lists.
- Protests can be submitted by email to: info@pieninyultratrail.pl or in person at the race office located at the finish line.
- The Organizer will review protests as quickly as possible, within 48 hours at most.
- All complaints, comments, and requests regarding participation in the event can be submitted within 7 days of the event's end to the email address info@pieninyultratrail.pl, with the note "Complaint." The Organizer will review complaints within 14 days of their receipt.

28. Invoices

- During registration, you can fill out the invoice details. Once payment is received, the invoice will be issued within a few days and sent to the email address used during registration.
- Those who wish to receive an invoice before paying the entry fee or for a larger number of participants should send the required information by email to: info@pieninyultratrail.pl.
- In accordance with applicable regulations, an invoice for the entry fee may be issued by the 15th day of the month following the month in which the payment was made.
- In accordance with tax regulations, due to payment being made before the service is provided, an advance payment invoice will be issued for the full amount of the fee. Therefore, the advance payment invoice is also the final invoice.
- By accepting the Regulations, the participant consents to the sending/sharing of invoices without the recipient's signature, in electronic form. This consent does not exclude the Organizer's right to issue and send invoices in paper form.

29. Extreme Events

- Given that the events of the Pieniny Ultra-Trail® Mountain Running Festival are highly dependent on weather conditions, the Organizer draws participants' attention to the risks associated with a possible necessary change of the start date of the selected distance, a change of the race route, or the necessity of moving the start of the event to another day within the festival weekend.

Hazardous Weather Conditions

- In the event of weather conditions that prevent or significantly impede the start of the selected distance at the scheduled time, the start may be postponed to another time or the next day when the event will not pose a threat to the safety of participants. The Organizer will immediately inform participants of such a change.

Extreme Event of Medium Duration

- In the event of an extreme event (e.g., flood, storm) preventing all or part of the Pieniny Ultra-Trail® Mountain Running Festival from conducting on April 23-26, 2026, the Festival events will be rescheduled to a later date, when the event will not threaten the safety of participants and is organizationally feasible. The Organizer will immediately inform participants of such a change.

Extreme Event of Long Duration

- In the event of an extreme event of a long duration (e.g., pandemic, risk or state of armed conflict) preventing the Pieniny Ultra-Trail® Mountain Running Festival from conducting on April 23-26, 2026, the Festival will be rescheduled, the Organizer, upon receiving the participant's request, will refund the participant the entry fee for the selected distance.

30. Final Provisions

- Participants will be informed of any changes to the competition schedule or course before the start of the event.
- Violation of these Rules may result in a time penalty or disqualification. Such incidents will be reviewed individually by the Organizer.
- During the race, participants should follow instructions issued by safety and security personnel, and other persons designated by the Organizer.
- During the race, participants will be required to cross local and provincial roads. Such areas will be monitored by the event staff at all times. The staff will be equipped with reflective vests. Participants are required to exercise extreme caution and strictly follow the staff's instructions. Crossing roads in areas other than those designated by the Organizer is prohibited.
- The Organizer provides medical assistance and the Mountain Rescue (GOPR) for participants. Medical stations will be located at the aid stations and at the start and finish lines. In the event of an incident posing a threat to health or life, participants should inform the Organizer using the phone number provided on their race number.
- A technical information leaflet will be issued before the race, providing detailed information about each race. The technical information will be sent to all registered

participants to the email address they provided in the registration form and will also be posted on the race website no later than 10 days before the race.

- In accordance with the recommendation of the Ministry of Sport and Tourism of July 20, 2022, competitors with licenses from the national sports federations of Russia and Belarus are not permitted to participate in the 13th Pieniny Ultra-Trail. Other competitors who are citizens of Russia and Belarus may participate in the race only as neutral participants, provided they send a scanned DECLARATION to info@pieninyultratrail.pl confirming that:
 - they do not represent the Russian or Belarusian state;
 - they do not receive funding from sources affiliated with the Russian or Belarusian state, including sponsors controlled by individuals or entities subject to European Union sanctions;
 - they do not support the invasion of Ukraine, the Russian or Belarusian authorities, or their leaders.
- Failure to submit the required declaration will result in inadmissibility to participate in the race, and the entry fee is non-refundable.

31. Contact with the Organizer

- Website: www.pieninyultratrail.pl
- Email: info@pieninyultratrail.pl

Appendix 1 to the Regulations of the 13th Pieniny Ultra-Trail

Regulations of the #BiegamDobrze campaign during 13th Pieniny Ultra-Trail

1. In accordance with the Regulations of the 13th Pieniny Ultra-Trail, participants are required to choose one of the following registration paths when registering for the race:

- from November 4, 2025 (Tuesday), from 8:00 PM to April 20, 2026 (Monday), 12:00 PM – **for the traditional path.**
- from November 4, 2025 (Tuesday), from 8:00 PM to April 8, 2026 (Wednesday), 11:59 PM – **for the charity path.**

Registration will close early if the limit for a given route is reached.

2. To register for the #BiegamDobrze campaign, complete all of the following steps:

- a) complete the standard race registration form
- b) going through to payment select instead "Organize a fundraiser through #BiegamDobrze"
- c) select the charity for which the funds will be donated. Support for the "Rak'n'Roll" Foundation will be available
- d) complete the required information on the fundraiser profile (a page visible to all website users where you can support the fundraiser)

3. After submitting a complete registration, the Participant will receive an email with a link to their individual fundraising profile page.

4. Participants who raise the minimum amount for a given route in their fundraising account by April 8, 2026, will be assigned a spot on the starting list. The Participant's entry fee will be covered by the supported organization.

5. Minimum collection amounts required to obtain a starting number:

- Lubań Vertical: PLN 200
- Hardy Rolling: PLN 200
- Chyża Durbaszka: PLN 360
- Żwawe Wierchy: PLN 385
- Wielka Prehyba: PLN 415
- Dziki Groń: PLN 470
- Niepokorny Mnich: PLN 515
- Spiski Wędrowiec: PLN 590

6. The starting number obtained this way, along with the charity starting package for the 13th Pieniny Ultra-Trail, is non-refundable, but the starting package can be transferred to another person or the route can be changed in accordance with the Pieniny Ultra-Trail Regulations.

7. If the limit on a given route is reached before April 8, 2026, the Organizer will allow the ongoing #BiegamDobrze fundraisers to be completed by April 8, 2026.
8. Fundraisers for those who have not raised the minimum amount specified in section 5 will end on April 8, 2026, and the funds collected will be transferred in accordance with section 10 of these regulations.
9. Fundraisers for those who have raised the amount specified in section 5 (or exceeded it) will continue until April 30, 2026.
10. The funds collected, after deducting fees and commissions (related to online payments), will be divided as follows:
 - a) 90% of the collected amount will be transferred to the charity organization's account.
 - b) 10% of the collected amount is allocated to the maintenance and development of the #BiegamDobrze campaign and the statutory objectives of the "Warsaw Marathon" Foundation. This distribution is made regardless of the amount collected and the achievement of the goal specified in section 5.
11. By registering for the #BiegamDobrze campaign, the participant consents to the transfer of collected funds to the account of the charity organization in accordance with section 10 of the Regulations.
12. By registering for the #BiegamDobrze campaign, the participant consents to the transfer of their data (name, surname, email address) to Rak'n'Roll Foundation for the purpose of further direct communication between the Foundation and the participant.
13. At any time, but before the limit of places is reached and the minimum amount is collected, the participant may withdraw from the fundraising campaign and transfer their registration from the "charity track" to the "traditional track" by contacting the organizer by email: info@pieninyultratrail.pl. Funds raised earlier will be donated to the designated organization, in accordance with point 10.
14. Participants in the #BiegamDobrze campaign are bound by the Rules of the 13th Pieniny Ultra-Trail.
15. As part of the #BiegamDobrze campaign, a symbolic award ceremony will be held for those who raised the highest amounts.
16. The ceremony will take place on April 25, 2026, during the award ceremony at 8:00 PM.